

Untitled Document

Yad Tomech provides approximately 1500 subsidized hot, nutritious meat meals weekly.

The meals come according to portion. You can order adult meals as well as kiddie meals.

The adult meals come with a soup, and more protein than the kiddie meal.

You can order for a friend or family member who you know can use the help with the meals.

[CLICK HERE TO ORDER](#)

Our menu is as follow: **The menu does fluctuate sometimes according to supply.**

**Sunday**

**Schnitzel, rice, corn, split pea soup**

**Monday**

**Chicken, petitim, peas in tomato sauce, vegetable soup with noodles**

**Tuesday**

**Beef rolada, spaghetti w/ tomato sauce, peas and carrots, kneidle soup**

**Wednesday**

Schnitzel, mashed potatoes, mixed vegetables, chicken soup

Thursday

Chicken, couscous, baby carrots, chicken soup

Price (without subsidy)  
20 nis adult, 15 nis kids